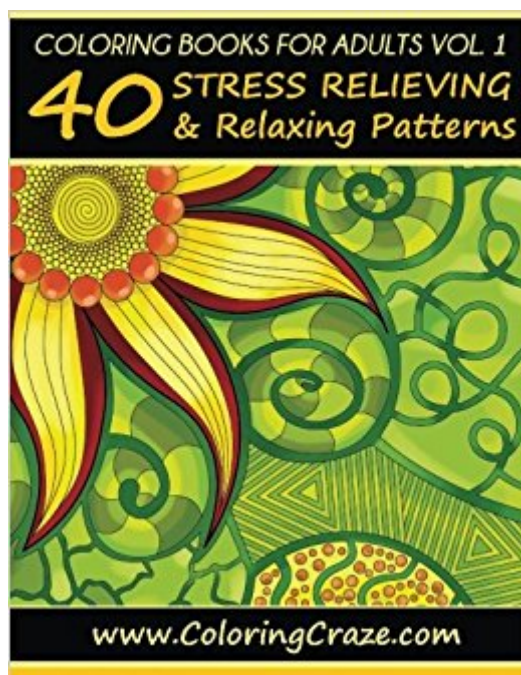


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# Coloring Books For Adults Volume 1: 40 Stress Relieving And Relaxing Patterns, Adult Coloring Books Series By ColoringCraze.com (Adult Coloring Books, ... Anti Stress Coloring Books For Grownups)



## Synopsis

Adult Coloring Books Best Seller! \*\*\* LIMITED TIME CHRISTMAS PROMOTION \*\*\* Preview of what's inside => <http://bit.ly/vol1preview> FREE GIFTS INSIDE Additional 20+ Unique Illustrations (\$27 Value) Report Revealing Top 10 Tools Every Coloring Enthusiast Should Have Exclusive Discounts for New Book Releases and More Free Designs Relax and step away from everyday life stress! Coloring books aren't just for kids anymore. Nowadays our lives become busier and more complicated. Technology escalation moves us through waves of emails and social networks notifications. This constant stimulation of expectations, obligations and stress has left us burnt out and distanced from the joys of the present. Finding a moment of calm can be a challenge. Recently, coloring has been discovered a wonderful activity for anyone who wants to relax, de-stress and release mind from overwhelming thoughts. The growing popularity of adult coloring books proves its positive simplicity and being a trendy way to find yourself focused and unwind from the hectic pace of modern life! Channel stress and anxiety into artistic fulfillment. Escape to the world of inspiration suitable for both, beginners and advanced colorists, anyone who loves coloring joy. There are no instructions, no rights or wrongs, and there is no need for expensive art supplies. Color in any way you wish to create unique and exquisite pieces. Coloring can benefit those who find it difficult to discover their inner artist when faced with a blank page. Switch off and lose yourself in the flow of coloring. Filled with fanciful mix of devious forms, the book features detailed florals, mandalas, sweeping swirls, flowing lines, geometric and abstracts prints. This book ensures hours of entertaining mental relaxation. Take your time, bring the color and let your imagination run free! These amazing, intricate arts are ready for you to add your own special touch. Features: 40 beautiful, stress-relieving patterns, designed to engage and spark imagination to unleash your inner creativity. Different levels of detail, from easy to difficult (for different eyes). Pick a picture depending on your mood and start your de-stressing journey. Printed on large 8.5x11 high quality paper. You'll have plenty of space to be creative and work on the details. Each drawing is printed with the reverse side blank. When you are done, you will have unique piece of art, worth framing and displaying. Perfect for decorating with colored pencils, gel pens, markers, porous point pens or crayons. Share your coloring passion. Give your friend a gift of relaxation or sit and enjoy it together. You don't need creative experience. If you find it difficult to discover your inner artist - you will still benefit. Coloring alone is calming, just add color! Check out what others are saying "I have found out that it doesn't matter what I am coloring, the coloring itself is very calming." "Good activity for a tea with friends, great stress reliever after hours of corporate work!" "I get

every release from the series, designs are original and the books are not overpriced like some of the others. Elizabeth\*Please note that if you are using markers or gel pens, consider using scrap paper behind the page you're coloring to prevent bleed-through.\_\_\_\_\_Tags: adult coloring books best sellers, coloring books for adults relaxation, artists illustrators, flowers mandala, zentangle coloring book geometric, stress relieving patterns, coloring pages for adults meditation, creative stress relief coloring book, really cool relaxing colouring, doodle invasion, mindfulness meditation, nature mandalas coloring books for grownups

## Book Information

Series: Adult Coloring Books, Creative Zentangle Designs And Mandala Coloring Pages, Anti Stress Coloring Books For Grownups

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Average Customer Review: 4.6 out of 5 stars 130 customer reviews

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in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Papercrafts, Stamping & Stenciling >

Papercrafts #32872 in Books > Humor & Entertainment

## Customer Reviews

We are a group of illustrators that came together to create and publish beautiful and original coloring books for adults. We want to give unique experience to people around the world and provide long hours of relaxing joy. Happy coloring!

I'm actually just starting to work on this coloring book, but I like it already. It's not TOO busy, but it's busy enough, and not complicated, so I can let my brain wander about like I know it will. That's really the whole purpose of it. I have Multiple Sclerosis and after 3 attacks of optic neuritis, I have a vision impairment. The print is nice and clear and it's large. I know I'm going to miss spaces.. I always do, but it's ok. I have room to add some additional doodles to make it a bit different so I can

say that part is my own. My husband bought me a supersized clipboard for me to color on. My cat is jealous of my coloring time, but I need it. MS has caused depression and an anxiety disorder. I have joined the other adults coloring, and it is very therapeutic for me. Instead of struggling to read before bed, I color, and I sleep much better. I plan to experiment with different markers, pens, and colored pencils. Gel pens are my favorite, but Prismacolor colored pencils are more vivid. A combination is good. It takes awhile to finish one page, so I definitely get my money's worth. I think coloring books should be available in hospital waiting rooms and other places like that. This is a good stress reduction book and I'm looking forward to coloring tonight. Great job and thanks to the illustrators. This is also my first e-coloring book. It's a bit cheaper and I can reprint a page if I am truly unhappy with it.

I am having so much fun. I do oils and acrylics but with these pages I can sit on the couch and color. No messy paints to clean up or dirty brushes to clean.

When I first downloaded this book, I assumed I was getting a book that probably had repeats of pictures found in many other books. I was absolutely shocked when I opened it to the first page!! I went thru each page carefully. I found wonderful abstract art that was not the average coloring pages. This book is wonderful and fun! The art is simple and unique. The pictures fill the page with joy. They are fun and allow your mind to color with whatever colors your mind want. No pressure here just relaxing fun. The book itself was easy to download. No codes to hunt down. There is also a page given by the author that is a bonus . It's filled with even more pages to download and color. I printed each page with no issue. They came out great and clear. I see myself reprinting some and coloring again to lighten my mood on a grumpy day. The pics are frameable done. Actually any craft can be put together with them. If you enjoy a good abstract book then you will definitely enjoy coloring this book. I look forward to getting the next book.

This is a great mix of mandalas, geometric patterns, abstract patterns and so much more. Something for everyone to enjoy. The pics range from easy to expert, so the whole family can have a go at coloring in this book. These type of pics are great for letting your imagination run wild. Best part: NO stock pics here!! All these pics are originals from a very talented group of illustrators.

I "bought" this book when it was a freebie for the Kindle. I love it. It was easy to download and then print. The line quality is crisp and the designs are pleasing. I've enjoyed using different color

schemes and techniques on the same design to create different looks depending on my mood. I've also enjoyed the freedom of picking and choosing which pages to use. While you can do that with a standard coloring book, somehow, it's harder to skip pages! All in all, this book and others in the series are excellent sources of relaxation and meditation--almost like a mini-staycation!

I am really enjoying this book. The designs are clear and can be printed on any printer for sharing with others. I printed several different designs and shared them with a women's group I lead and everyone certainly enjoyed them. Some designs are more detailed for those who want something more challenging. Some of them are of nature, which I enjoy. There are abstract designs and some that are clearly of nature. Very fun to do them. Coloring is a relaxing thing to do. I recommend this book to anyone who would like to try adult coloring books.

Loving this book! If you enjoy abstract coloring pages, you will like it. Pages single sided which is the only way coloring books should be! This is my favorite book to work in at the moment.

I am enjoying adult coloring. Got back into it a few weeks ago when my company used it as stress buster during an intense system upgrade that required many long boring hours in a temporary call center. I immediately went on and looked up my own coloring books for home. I am loving the variety of designs. I would suggest a book of illustrations with motivational, thoughtful, inspiring, empowering words incorporated into the designs for companies like mine that take care of their people during high stress upgrades.

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